

# 2025 Veteran Patients Week: What to Write

Thank you again for helping us salute Veteran Patients during this special week. This is a great opportunity to reach out to the brave men and women who served our country and tell them how much we appreciate their service and sacrifice. Here are some ideas about what you could write in your card.

## **Starting the Letter**

We suggest starting with "Dear Hero", "Dear Service Member", "Dear Veteran", or a creative greeting of your own. It is a good idea **not** to use "Dear Soldier" or "Dear Marine" or "Dear Sailor" as they refer to members of specific military branches and organizations may not be able to guarantee that the letters will be delivered to individuals within those branches.

### What to Say:

### A Big Dose of Gratitude:

- Thank you for bravely doing what you were called to do so we can safely do what we're free to do.
- Thank you for serving our nation, our debt can never be repaid.
- Thank you for defending our freedom.
- God bless you and thank you for your bravery.
- Thank you for your sacrifice, your bravery, and the example you set for us all.
- We are thinking about you always, and especially this week.
- We owe you a debt of gratitude, but more than that, we owe you our freedom.
- There's no way to thank our veterans for everything they sacrifice for our freedom, but during Veteran Patients week, we do our best to try. So thank you.
- For your service, your bravery and your hard work, we thank you.

**Make a connection:** Don't hesitate to add personal information. Feel free to share a little about yourself, your hometown, your hobbies, work, school, etc. Younger participants are welcome to draw a picture.

#### **Consider a Quote:**

If you're at a loss for words, remember someone at some point probably said the perfect thing. Here are a few examples to get you started:

- "My heroes are those who risk their lives every day to protect our world and make it a better place." Sidney Sheldon
- "How important it is for us to recognize and celebrate our heroes and she-roes!" Maya Angelou
- "A hero is someone who has given his or her life to something bigger than oneself." -Joseph Campbell
- "This will remain the land of the free only so long as it is the home of the brave." Elmer Davis
- "Never was so much owed by so many to so few" –Winston Churchill

**Include your signature:** Don't forget to include your name and, if pertinent, your organization.

Stickers and Glitter: Thin stick on images are nice to include, if you would like. Please avoid using glitter. It makes a mess.